



# Join The Cause!

Empty Arms Vermont 5K Run & Walk is a charity event that invites families from across Vermont to come together for good company, friendly competition, and a meaningful cause. All proceeds benefit Empty Arms Vermont, which provides peer support for pregnancy and infant loss.

**Show your support through your sponsorship of the Empty Arms Vermont 5K Run & Walk!**





# Empty Arms Vermont

Empty Arms Vermont serves individuals and families whose babies have died through miscarriage, stillbirth, early infant death, or termination for medical reasons. By cultivating personal connections, creating a compassionate community, and fostering professional collaborations, we provide grieving parents with valuable resources and validation as they navigate the murky days, weeks, and lifetime without their baby.

## Contact

**Phone** 802-232-2512  
**Website** [www.emptyarmsvermont.org](http://www.emptyarmsvermont.org)  
**Email** [info@emptyarmsvermont.org](mailto:info@emptyarmsvermont.org)  
**Address** 33 Blair Park Rd Ste 104  
PMB 182  
Williston, VT 05495

**1 IN 4 PREGNANCIES ENDS  
IN A LOSS.**

**We are grateful to be able to support  
families during their darkest times.**

## We offer support through...

### Support Groups

Peer-facilitated support groups are free and offered virtually throughout the month.

### Care Packages

We send books and touch-points of care to individuals and families.

### Miscarriage Support Kits

We supply miscarriage support kits to partnering OBGYN offices.

### Remembrance Events

Remembrance events are ways to connect in-person to create rituals of remembrance.

### Care for Friends & Family

We host discussion groups and provide resources for friends & family members.

“Thirteen years ago when our daughter died, I would have given anything to have regular support from people who could truly empathize and understand my loss. I am thankful to be on the Board of Empty Arms VT, knowing that anyone who needs a friend on this journey through grief will always have one here.

– Jen

**Your sponsorship enables us to  
extend more support and resources  
to families in Vermont.**

**RACE INFO & SPONSORSHIP LEVELS**



# RACE INFO

**JUNE 29, 2024**

**VETERANS MEMORIAL PARK**

**SOUTH BURLINGTON, VT**

Our annual 5K Run & Walk accounts for 50% of our yearly budget. Your sponsorship makes a significant difference as we sustain and grow resources throughout Vermont for grieving families. Thank you!

## SPONSORSHIP LEVELS

### PRESENTING SPONSOR | \$3500 *(1 sponsorship available)*

- Exclusive naming rights "Empty Arms Vermont 5K Run & Walk presented by"
- Logo on day-of event signage, start/finish line banner, and race bibs
- Logo in 5K emails, social media, and name in press releases
- Logo on event website
- 8 complimentary race entries & tshirts

### PREMIER SPONSOR | \$2000 *(3 sponsorships available)*

- Logo at mile marker signage along race route
- Banner or signage placement at Veterans Memorial Park (provided by sponsor)
- Logo in 5K emails & social media
- Logo on event website
- 6 complimentary race entries & tshirts

### IMPACT SPONSOR | \$1000

- Banner or signage placement at Veterans Memorial Park (provided by sponsor)
- Logo on social media post
- Logo on event website
- 4 complimentary race entries & tshirts

### PARTNERING SPONSOR | \$500

- Logo on event website
- Name in 5K social media post
- 2 complimentary race entries & tshirts

### CONTRIBUTING SPONSOR | \$250

- Name on event website
- 1 complimentary race entry & tshirt



**JUNE 29, 2024**  
**SOUTH BURLINGTON, VT**

*Benefitting community support for pregnancy and infant loss.*

“

Empty Arms Vermont has been such an incredible beacon of support for my family and I since losing our newborn son, Welles. Having the time and space to meet fellow families who have faced similar tragedies and share about our children was a beautiful reminder that we are not facing this grief on our own. The conversations, stories and love shared at the 5K Run & Walk will help carry us through the days ahead. -Bryanna

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# SPONSORSHIP FORM

**Yes! I'd like to become a 5K Run & Walk Sponsor.**

(Form also available online: [emptyarmsvermont.org/sponsor](http://emptyarmsvermont.org/sponsor))

Sponsor Name (as you would like it to appear in promotional materials):

\_\_\_\_\_

Contact Person: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Website: \_\_\_\_\_

## SPONSORSHIP LEVEL

Presenting \$3500     Premier \$2000     Impact \$1000

Partner \$500     Contributing \$250

## PAYMENT METHOD

Check Enclosed (make payable to Empty Arms Vermont)

Credit Card (please go to [bit.ly/4OROkEU](http://bit.ly/4OROkEU) for a secure payment)

*All proceeds from the Empty Arms 5K Run & Walk benefit Empty Arms VT, a tax-exempt 501 (c)3 nonprofit organization.  
(EIN: 87-2800744)*

Send completed form to:

Empty Arms Vermont

34 Blair Park Road Ste. 104

PMB 182

Williston, VT 05495

**Thank you for your interest in sponsoring the  
Empty Arms Vermont 5K Run & Walk!**

Questions? Contact Chelsea Levis at  
[chelsea@emptyarmsvermont.org](mailto:chelsea@emptyarmsvermont.org) or 802-232-2512.

